

Course Proficiency Outline – Instrumental Music

INSTRUMENTAL MUSIC

Grades 4 and 5

PURPOSE

The Instrumental Music Program provides students with opportunities to try musical instruments for a period of time in order to see if the student has an interest and can be successful on the instrument. Students in grades 4 and 5 will receive one half hour of group instruction per week. The lessons will be provided by the Board of Education, while the student provides the instrument, book and materials required for proper functioning of the instrument. Students will be eligible for band or string orchestra programs which will be integrated into the school day when the instructor feels that the student has learned enough material to be able to function as a member of a group. A student who successfully completes instruction in grade 4 or 5 and has made sufficient progress on the instrument may be eligible to participate in many programs offered at the Intermediate and High School levels.

It is very important that the student acquires good practice and study habits from the beginning of instruction. The amount of time spent on serious home practice will be a major factor in student success with the instrument. Parents are urged to provide a place and time for daily practice for the student.

Evaluation of a student's progress will occur at each lesson and at the end of each marking period. The student's grade will be reflected on the report card.

I. STUDENT OUTCOMES

Students in the Instrumental Music Program will:

- A. Develop a well-balanced personality through wholesome group experiences. (1.3.5.B.2)
- B. Become more sensitive to aesthetic values in music. (1.4.5.A.2)
- C. Enjoy instrumental music more fully through active participation in an instrumental program. (1.3.5.B.2)
- D. Become acquainted with varied selections from the world's finest music literature appropriate to the grade level. (1.2.5.A.1 + 1.2.5.A.2 + 1.2.5.A.3)
- E. Contribute to the musical life of the school and community. (1.3.5.b.2)
- F. Acquire skills of reading music and playing individual parts with balance, blend, and musicianship. (1.1.5.B.1 + 1.1.5.B.2 + 1.3.5.B.1 + 1.3.5.B.2)
- G. Acquire techniques required for particular instruments. (1.3.5.B.1 + 1.3.5.B.2. + 1.4.5.B.4)
- H. Acquire habits of good conduct and self-discipline. (1.4.5.B.2)
- I. Acquire the ability to express the mood and spirit of each composition played. (1.4.5.A.3)
- J. Develop an appreciation of the various types and styles of music presented. (1.2.5.A.1 + 1.2.5.A.3 + 1.4.5.A.2)

- K. Develop a sense of responsibility, commitment, dedication, and pride which are necessities in today's adult world. (1.3.5.B.3)
- L. Develop organizational skills such as breaking down and sequencing challenging assignments and structuring practice time. (1.1.5.B.2 + 1.4.5.B.2)

II. CONTENTS

- A. Elementary fundamentals of techniques and musicianship are taught.
- B. Care of instruments.
- C. Correct posture and playing position.
- D. Correct embouchure, breath control, and tone production.
- E. Correct intonation and fingerings.
- F. Study designed to develop technical proficiency on an individual instrument.
- G. Begin participation in an ensemble through pull outs during the school day when progress warrants.

III. EVALUATION

A. END OF SECOND MARKING PERIOD (Minimum Requirements)

1. BAND INSTRUMENTS

- A. Students will reach a minimum proficiency by having completed up to page 8 in the Essential Elements 2000 Book 1.
- B. Students will develop a range on the instrument within the content of lessons covered.
- C. Students will cover rhythms including whole, half, quarter notes, and their respective rests.
- D. Students will learn the basic time signature 4/4.
- E. Students will tap one foot to the beat, not the rhythm, of all exercises and produce a full and even tone.
- F. Students will be able to name all notes and note values that have been completed up to page 8.
- G. Students will demonstrate the basic concept of tonguing.

2. Drums

- A. An appropriate drum method book will be used for instruction for each skill and rhythm. Other supplementary material is also available for further drill on specific problem areas if they arise.
- B. Students will be able to tap one foot to the beat, not to the rhythm.
- C. Students will count out loud while playing.
- D. Students should be able to subdivide the beat into 8th notes by the 2nd marking period.
- E. Students will be able to play upbeats while tapping and counting.
- F. All drum students will be able to perform basic coordination needed to be successful on the drums: alternating sticks, using wrists rather than arms with the proper stick and hand position.

G. Students will learn the basic time signature 4/4.

3. STRINGS

A. Students will use Essential Elements 2000, Book 1.

B. Students will learn rhythms including quarter notes and rests.

C. Violin/Viola/Cello - Students will demonstrate a range in the Key of D from open D to D on the A string.

Bass – Students will demonstrate a range in the Key of D from open A to open G.

D. Students will be able to play a one octave D scale.

E. Students will read in the time signature 4/4.

F. Students will know right-hand pizzicato.

G. Students will be able to play arco.

B. END OF FIRST YEAR (Minimum Requirements)

1. BAND INSTRUMENTS

A. Students should finish up to pages 16/17 in the Essential Elements 2000 Book 1.

B. Students will develop a range on the instrument within the content of lessons covered.

C. Students will learn rhythms including eighth notes and eighth rests.

D. Students will learn one scale, one octave.

E. Students will be able to read one other scale and understand key signature and construction of the scale.

F. Students will tap one foot to the beat, not the rhythm, during all exercises and produce a full and even tone.

G. Students will be able to name all notes and note values covered.

H. Students will learn the concepts of tonguing and slurring.

2. DRUMS

A. The students will begin skills for learning the following rudiments: the multiple bounce, the flam, the flam tap, paradiddles and a roll.

B. The students will be able to play combinations of eighth notes, eighth rests, and sixteenth notes and rests in all combinations.

C. The students will cover measure-repeat sign, first/second endings, and ties.

3. STRINGS

A. Students will be able to demonstrate a range in the Key of D including notes on the G, D and A strings.

B. Students will read whole notes and rests, half notes and rests, quarter notes and rests, and eighth notes.

C. END OF SECOND YEAR (Minimum Requirements)

1. BAND INSTRUMENTS

- A. Students will complete the *Essential Elements Book 1* along with rhythm vocabulary charts that correspond to each lesson.
- B. Students will demonstrate a playing range within the content of lessons completed.
- C. Students will learn rhythms including 16th notes and dotted quarter notes.
- D. Students will be able to play Bb, Eb and F concert scales within the covered range.

2. DRUMS

- A. Students will complete the approved drum method book.
- B. Students will be able to play 5, 9, 13 and 17 stroke rolls and flams.

3. STRINGS

- A. Violin - Students will be able to identify and demonstrate a range in the Key of D from open G to A on the E string, including F natural and C natural

Viola/Cello - Students will be able to identify and demonstrate a range in the Key of D from open C to D on the A string, including F natural and C natural

Bass - Students will be able to identify and demonstrate a range in the Key of D from open E to B on the A string, including F-natural and C-natural.

- B. Students will read whole notes and rests, half notes and rests, quarter notes and rests, dotted quarter notes, and eighth notes.
- C. Students will be able to play bowing techniques including two-note slurs and ties.
- D. Students will be able to play forte vs. piano.

D. ALL STUDENTS (Except String Players) AFTER THE SECOND YEAR

- A. All students will be able to demonstrate the ability to clap simple rhythms, including upbeats, while tapping one foot to the beat, not the rhythm.
- B. All students, after five months, will understand the correct hand position on the instrument even if they are physically unable to accomplish it. They should be able to have the proper hand position after the first year, when reminded, and they should be able to play with the proper hand position, without reminding, after year two.
- C. All students will understand correct maintenance procedures for their particular instrument and the need to refrain from touching or disturbing other students' instruments.
- D. All students will understand proper rehearsal procedures and how an individual functions within the group.
- E. All students will understand the proper posture for their particular instrument and will sit accordingly.
- F. All students, except drummers, will be able to name the notes of the staff they are using. Drum students will be encouraged to learn the names of the notes in both clefs.
- G. All students will be able to identify rhythmic notation by note name and supply the note value in Common Time.

H. The elementary music experience will consist of learning the basics of music and the selected instrument.

REVISED: August 1992; May 1995; July 1996; August 2002; April 2005; June 2008; September 2010