How to Succeed in Business Without Really Trying
By: Drew Williams

The Eastside Theatre Company performed the show *How to Succeed in Business Without Really Trying* on March 26, 27, and 28. This was the debut for Mrs. Reimertz as the director of the East play. The show received great reviews from students, parents, and teachers alike.

This show was also a farewell tour for a few long time ETC members that are graduating this year. Seniors on the cast included Joe Chowanec, Paul DiGregorio, Larisa Kavetsky, Briana Tortoriello, Erin Clemente, Lindsey Bianchi, Molly Holt, Stephanie Russell, Gabrielle Napolitano, Samantha Collina, Alexa Economides, and Renee Inteso. The crew also has a few graduating Raiders, who are Alyssa Maglio, Frankie McDonnell, Allison Ferinde, Victoria Ciccozzi, Devin Krasner, Sara Shrekgast, and Nicole Grimaldi.

Senior Joseph Chowanec was the lead of the show, and played J. Pierremont Finch, a window washer who attempts to climb up the corporate ladder in the world. “I think the show went great and I couldn’t be more proud of everyone in the cast and crew,” Chowanec said. “I’ve seen many of these people grow through the years and I’m incredibly happy that I had the chance to be a part of this show before I graduated, and I believe we ended on a great note for us seniors.”

Character Education: Commitment
By: Cheyenne Lord

Raider character education continued through April with a focus on commitment. Commitment is defined as a pledge to uphold a promise or fulfill an obligation. Honoring commitments takes loyalty and effort, and can be seen in nearly everything.

Many people at East are committed to the relationships they make and the teams they play for. While there is always room for improvement, the teachers see student commitment throughout the school. “I do feel students are committed to not only the school but to working and their sports teams,” health teacher Ms. Clark said. “They understand the responsibility needed for their commitments.”

Principal Mr. Thomas hopes that each “pillar” focus teaches students that they are accountable for their success. Teachers are committed to helping students overcome obstacles in life, and the goal of character education is to teach students about both success and failure. “How you react to failure defines who you are,” Mr. Thomas said. In stressing commitment during the month of April, he hopes students learn to “put their minds toward achieving their goals.” The effort put into keeping a commitment ties into a person’s sense of responsibility, which was the “pillar” focus in January.

Some students also fear making a commitment, because they question the value of that commitment. Many juniors agreed they were committed to their work or hobbies. “It wouldn’t be a commitment if I hated it,” junior Kristin Ramsay said.

The East News

Seniors of the Month

Spring Sports

Guidance News

Prom Features
Mrs. Koskowski
By: Drew Williams

Mrs. Koskowski is the Chief Attendance Officer for the school. Her main responsibility is to make sure that all attendance is submitted and accurate. Mrs. Koskowski records lates and early dismissals, and monitors student attendance. She also calls to check up on students that are absent, as well as takes students to truancy mediation and court for poor attendance. Mrs. Koskowski is also heavily involved in the new attendance incentives that were brought in this year, as well as the attendance committee. She works with all the principals, including Mr. Thomas, equally.

"I really care about the students at East," she said. "When a student who has poor attendance that I’m involved with turns it around and ends up graduating instead of dropping out, that’s the best part of my job.”

Mrs. Middleton
By: Julia Harrold

Mrs. Middleton started subbing at East this past September and was permanently hired at the end of October as a secretary in the main office. She works closely with Mr. Gillen. She also works with the nurses and the guidance department to set up home bounds. Her funniest office moment was when "I went to turn the heater off, I got such a big shock from it that it made the electric hole puncher go off and no one was using it." Mrs. Middleton says she works with a great group of coworkers is the best part of her job.

Mrs. Cassidy
By: Ciara Byrne

Mrs. Cassidy has been a main office secretary at East for eight years. Currently assigned to Mr. Rutter, she spends her days answering phones, helping students, making announcements, and processing discipline slips. Mrs. Cassidy looks back on her office years at East and says her funniest moment is, “One time I was taking medication and I was getting weird side effects. I looked up online to see what the different side effects were and one was your skin could turn blue. I laughed and went to lunch. When I came back from lunch and started answering the phone someone came up to me and said your face is turning blue. I said very funny. They told me to go look in the mirror and when I did my face was turning blue. The girls in the office had put blue chalk on my phone, so when I would answer the phone it got on my face.” Mrs. Cassidy enjoys helping students with different problems and questions. “Mostly I love the people I work with. We are like one big family,” Mrs. Cassidy said.

Mrs. Varley
By: Julia Harrold

This is Mrs. Varley’s third year working at East. She is the secretary for the Child Study Team both here and at Washington Street Elementary. She is also the secretary for the District Behaviorist. Some of her responsibilities are preparing and processing paperwork for the department, scheduling meetings with case managers, parents, and teachers. She also greets students coming into the CST office. She said her funniest moment on the job was “over the summer and working with teachers for the extended school year program and I had to go outside to see a teacher. The next thing I know the students shouted out ‘stranger danger’ and I was hit with several water balloons. They were playing a game since it was so hot out and I was right in the firing zone.” Mrs. Varley loves her job and says the best part is “interacting with the students and staff on a daily basis.”

Mrs. Shubert
By: Kasey Appignani

Mrs. Shubert is one of the secretaries in the guidance office. She helps with Ms. Tammaro and Mr. D’Ippolito. Mrs. Shubert said that the best part of her job is working with the students, "I love the students and love being able to help them whenever I can." Some of Mrs. Shubert’s daily tasks are to process college applications and scholarships for the seniors, schedule vocational education, process post graduate transcripts for former students, schedule college visits, answer phones, and help with the front desk.

Mrs. Scanzillo
By: Nicholas D’Arcy

Every day many teachers go to the copy room to make copies of tests, quizzes, and worksheets. Mrs. Scanzillo is the secretary in charge of the Copy Room. Mrs. Scanzillo started working full time at East in September of 1999, and she said, "I was lucky that when I applied for a job, this one was available." Mrs. Scanzillo handles about 20,000 or more copies per day. "My favorite part about the job is being busy and this is just the job for it," Mrs. Scanzillo said.

Mrs. Gillespie
By: Haylie Montemurno

Mrs. Gillespie is a guidance counselor secretary. Her job is to welcome everyone and make everyone feel comfortable, whether it be a parent or student. She is assigned to the Guidance Coordinator, Ms. SantaMaria, and helps her in the guidance office. Mrs. Gillespie said her and the other staff members in guidance share many funny stories among one another. She says the best part of her job is the great accomplishments by students and overall, how the school is a wonderful place to work. “I love to help people each and every day. I truly love my job. I love coming to work,” Mrs. Gillespie said. She hopes everyone never gives up and they enjoy what they do each day.
Ms. Russo  
By: Haylie Montemurno

Ms. Russo is a main office secretary. Her job is to keep the main office running smoothly by helping answer phone calls, assisting parents, taking care of the bells, and much more. She is assigned to help Ms. DeNoia. “Ms. DeNoia is amazing. I am thrilled to be working with her,” Ms. Russo said. About eight years ago, a teacher played a joke on the secretaries by having them make an announcement that did not make sense. Ms. Russo recalls this as being the funniest office moment. She feels the best part of her job is helping and interacting with the students and making a difference in their life. To Ms. Russo, this is the most rewarding part of her job.

Mrs. Robbins  
By: Dominique Condello

Mrs. Robbins is one of the guidance secretaries. Her main responsibilities are vocational and working papers. Some things you may not know about Mrs. Robbins are that her favorite color is red and her favorite television shows include The Blacklist and Homeland. Before she was a part of the East staff, Mrs. Robbins worked in the fashion industry until her son was born and she decided to become a stay-at-home mom. She started as a substitute until she was hired as a secretary. Mrs. Robbins loves her job here. “I love what I do every day...it keeps me young and my favorite thing about East are the people I work with and the students I interact with.”

Mrs. White  
By: Julia Harrold

Mrs. White has been working at East for 14 years. She works with guidance counselors Mrs. Millard and Mrs. Weinberger for the senior students. Mrs. White assists with the college application and scholarship process. She works closely with the scholarship coordinator to post opportunities and gather the required documents for submission. Mrs. White also types the scholarship certificates and mails the Senior Award Night invitations. There have been some funny moments in the guidance office. Mrs. White’s funniest moment was when “I was working in the main office and answered the phone, ‘Good afternoon, High School South.’ I don’t know where the words came from, but I was instantly embarrassed. I was mortified when I realized the caller was the principal at the time, Mrs. Madden. She laughed and said ‘High School South? That can be arranged.’ Fortunately she allowed me to stay High School East.”

Mrs. Klem  
By: Harley Zaraza

East always operates smoothly, no matter what the task; whether it is in the parking lots or PARCC testing. However, people tend to forget why everything goes so well. The answer is simple: the secretaries. Without the office staff, the school would be chaotic. Mrs. Klem is the Senior Secretary and works directly for Mr. Thomas as well as the other assistant principals. Although the secretaries are very busy and are always hard at work, they do find time for some fun. Last April Fool’s Day, Mrs. Cassidy was playing tricks on everyone, so the other secretaries decided to get her back. They took a remote control spider and hid it under her desk, resulting in much laughter and what made the funniest office moment for Mrs. Klem. She says the best part about her job would be that it is “a new adventure every day.” She also loves getting to work with the other secretaries, the attendance office, the faculty, and of course the students. All in all, Mrs. Klem would describe High School East’s office as “one big happy family.”

Mrs. Porzio  
By: Morgan Hoopengardner

Mrs. Porzio is the Athletic Secretary here at East. She is in charge of athletic paperwork concerning students who have requested to play a sport. Mrs. Porzio is very busy during all three sports seasons, making confirmation calls for upcoming games, dealing with cancelations and reschedules, and ensuring that HSE athletics are kept on track.

The most challenging part about her job is during the spring season. “Most sports are outside and when the weather is bad I need to cancel everything. The decision is usually made around 1 p.m. and needs to be done within an hour’s time,” Mrs. Porzio said.

The funniest moment occurred in Mrs. Porzio’s first year at East. She had to inform an ineligible football player that he could not play on the team because of his poor grades. “He drop-kicked his bag across my office,” Mrs. Porzio said. However, the student did come back the next day to apologize for his behavior.

The best part about Mrs. Porzio’s job is “working with young people.” She had originally gone to college to teach. She graduated with an Associates degree, got married, and had three sons. She considered going back to school to further her education. However, Mrs. Porzio was working in the schools as a substitute and as a secretary and she realized that she was “happy working with young people in any capacity.”

Mrs. Yajcaji  
By: Caitlyn Dickinson

Mrs. Yajcaji is the Supervisor Secretary here at High School East. She has been at East for almost two years now. Along with many other obligations, she deals with purchase orders. The hardest part of her job is deciding which supervisors get catered to first. Her funniest office moment was during her first year here at East when the entire JV soccer team came into her office. “The place smelled like cleats,” she said. When her supervisors walked in, they were not too happy. Mrs. Yajcaji’s bosses include the heads of the curriculums. To Mrs. Yajcaji, the best part of the job is “the hours, the school, the supervisors, and Mr. Thomas.”

Guidance Secretaries from left to right:  
Mrs. Shubert, Mrs. Robbins, Mrs. White, and Mrs. Gillespie
Raider Secretaries Continued:

Mrs. Nigro
By: Ashley Davidson

Mrs. Nigro is one of the main office secretaries. She coordinates the teacher and staff substitutes, school rentals, field trip requests, and the Federal Lunch Program. Mrs. Nigro reports directly to Mr. Thomas and works with Mr. Gillen on the rentals. She also assists Mr. Rutter with the Federal Lunch Program. The most challenging part of her job is trying to make sure all the classrooms are covered on very busy days. Mrs. Nigro has had many funny moments in the office. The funniest office moment she has ever had was playing a joke on a coworker that lasted two years. The best part of her job is “working with the best people in town.”

Mrs. Steinhart
By: Cheyenne Lord

Mrs. Steinhart is the Media Secretary here at East. She helps staff and students in the Media Center as well as with other jobs around the school, such as co-advising the Photography Club. She is also the costume designer for Eastside Theater Company and maintains the donated formal wear seen in Cinderella’s Closet.

“The best part of my job is having the satisfaction of knowing I was able to help out a student or a fellow colleague with a problem that we were able to solve together,” Mrs. Steinhart said. Other than helping the Raider community every day, the “Great Bunny Caper” is her favorite experience. “One year, our bunnies went a hoppin’ and never returned to the garden patch,” she said.

Along with all her hard work around East, Mrs. Steinhart is an honorary member of the East Festival Choir. “She’s our chorus cheerleader,” Mrs. DeLucci said. “Working with her is always a good time, and she’s such an asset to organizing the trips.” Mrs. Steinhart travels as a chaperone and sees each event as memorable in its own way. “I’m so lucky to be a part of such a wonderful group of students,” she said.

Character Education:
Honesty
By: Ashley Davidson

Character education in March focused on honesty. The definition of honesty goes beyond being truthful; it also specifically conveys a way of conducting oneself. Honesty is being trustworthy, loyal, fair, and sincere. Honesty, right next to respect and responsibility, is an important value for students to learn and exhibit in everyday life. At East, students demonstrate honesty both inside and outside of the classroom. Placing an emphasis on honesty goes along with the character development initiative Principal Thomas has implemented. He certainly does not expect this initiative to all of a sudden change every student immediately, but he hopes that by promoting honesty and other positive character traits East students will graduate with a high level of ethics. "There's nothing more important than honesty from my friends and peers. Being honest shows a great deal of respect," junior Kyleigh Norris said.
“Nothing Classier than the Classics!”
By: Cheyenne Lord

Join the Raiders’ Classic Readers Club! The first meeting was held on February 18, and the club will continue meeting every other Wednesday after school in the Media Center. Advised by Ms. Morgan and Mrs. McCarthy and supported by many other staff members, the club is meant to encourage reading and make it fun, as well as prepare students for higher-level classes and careers. “It has been shown that people who read more achieve more,” Ms. Morgan said.

Members of the club read independently and have discussions of those books at their meetings. According to Ms. Morgan, members are expected “to conduct themselves with honesty and integrity,” to keep track of their individual and group progress on books read, and to “treat one another with respect.” Members are encouraged to participate in group discussions and may also have the opportunity to lead a meeting throughout the year.

Each member can earn a certificate that marks his or her level of reading. The certificates can be sent to college admissions officers to show the student’s rate of independent reading over his or her high school career. A certificate can be earned at four different levels: Bronze, Silver, Gold, and Diamond. The Bronze Level certificate is given to students who read one to four books during their membership. “The different levels provide challenging but achievable targets for club members, building up through Silver (5-8) and Gold (9-12) to the Diamond level of 13-16 or more classics, or a rate of about four additional books per school year,” Ms. Morgan said.

Any interested students are welcome to join the club at any time or stop by one of the meetings for more information. Students can also see Ms. Morgan in room W24 with any questions.

Joe Chowanec   Michael Moran
Nick Cottone    Derek Muniz
Paul DiGregorio Mitchell Pereira
Justin Gant    John Pizzuto
Vito Gearity    Eric Samaniego
Bob Gray        Patrick Scanlon
Michael Huntenberg Josh Sommerer
Devin Krasner   Sal Verace
Sam Lamberti    Austin Vuolo
Ryan Wasilick

Class of 2017 fundraiser: “Dodge Brawl Massacre”

The 2nd Annual Dodgeball Tournament will be held Friday, June 5. More information soon to follow.

See Mr. Cicales for more details
Gabbi Napolitano
By: Drew Williams

Gabbi is involved in many school and community activities. She is a member of Eastside Theater Company, Master/Festival Choir, Tri-M (Music Honors Society), NHS, and East Ambassadors. She also participates in the Toms River Basketball Association, St. Justin’s Church Choir, and the Toms River Girls Softball League. “Never let the fear of striking out keep you from playing the game.”

Q: Why do you think you were chosen for Senior of the Month?
A: My academic success, leadership skills, and community and school involvement.

Q: What qualities should the Senior of the Month have?
A: Academic strength and community service.

Q: What teacher has influenced you the most?
A: Ms. DeLucci. Not only has she helped me vocally, but has been there for everything as a mother figure.

Q: Do you have any advice for the underclassmen?
A: Enjoy every moment of high school. It will be over before you know it.

Q: Where are you planning on going to college?
A: Montclair State University.

Q: What is your favorite aspect about East?
A: Having every class with Adrianna Scala.

Q: What are your plans for your future?
A: Graduate college in four years and live a happy life.

Vito Garity
By: Edward Wolf

Vito was chosen for Senior of the Month because he is very involved and is a hard worker. Vito is a representative for Student Council and East Ambassadors. He also plays basketball and football. Vito is well liked among his peers and staff of High School East. “The pain of hard work hurts less than regret.” -Mike Stud

Q: What teacher has influenced you the most and why?
A: The teacher that influenced me the most would have to be Mr. Dirk. He influenced me the most mainly because he is an all-around great guy.

Q: Do you have any advice for the underclassmen?
A: My advice for the underclassmen is to enjoy every second of high school because it truly does fly by. I suggest to work extra hard the first three years so their senior year is a lot less stressful and they can really enjoy it.

Q: Where are you planning on going to college?
A: I am planning to attend OCC hopefully through the NJ Stars program.

Q: What do you plan on majoring in?
A: I plan to major in something along the lines of health and exercise, fitness, or nutrition.

Q: What is your favorite aspect about East?
A: My favorite aspects about East are the great teachers and principals and the smaller size compared to High School North.

Q: What outside activities are you involved in?
A: My outside activities include working and going to the gym.

Q: What are your plans for your future?
A: I hope to find a career that I love and be somewhere warm.
April Seniors of the Month

Nancy Perez
By: Erika Pedersen

Nancy is highly involved in the Raider community. She is a Senior-in-Charge for TEAM, an executive for Peer Leadership and the Photography Club, a doubles player on the tennis team, and a representative for Student Council. “When it feels scary to jump, that’s exactly when you jump. Otherwise you end up staying in the same place your whole life. And that I can’t do.” -Abel Morales, A Most Violent Year

Q: What teacher has influenced you the most? Why?
A: My Abuelo. He worked his way up from nothing, cared for his family as best he could, and he instilled in me a deep value for education that has made me the person I am today.

Q: Where are you planning on going to college?
A: Not too long ago I committed to American University.

Q: What are your plans for your future?
A: I don’t really have any right now besides college. We’ll see what happens.

Q: If you could switch lives with anyone, living or dead, who would it be and why?
A: Emma Watson, hands down. She’s a wonderful actress, extremely intelligent, and who wouldn’t want to be Hermione for a day?!?

Q: What are your favorite television shows?
A: Madam Secretary, Agent Carter, Daredevil, Supernatural, and NCIS.

Q: What are your favorite movies?

John is part of many things here at East. He is a member of the wrestling team, Ambassadors, the Math League, and the Computer Science club. “Everybody wanted to know what I would do, if I didn’t win... I guess we’ll never know.” -Kanye West

Q: Why do you think you were chosen for Senior of the Month?
A: Bribes.

Q: What qualities should Senior of the Month have?
A: They should be hardworking and involved in the community.

Q: Where are you planning on going to college?
A: Stevens Institute of Technology.

Q: What are your plans for your future?
A: I wouldn’t. Something has to be going right for me if I got Senior of the Month, so why would I change?

Q: What are your favorite television shows?
A: Breaking Bad, Games of Thrones, and Family Feud.

Congratulations to the Seniors of the Month!
Boys Basketball

By: Ciara Byrne

Coaches: Mr. Dempsey, Mr. Goodman, Mr. Weber, Mr. Sir, Mr. McCloskey, Mr. Bernath, and Mr. Arminio.

Season Highlights: “The final record was 8 wins and 13 losses. We had our first appearance in the state playoffs since 2009. We have three starters returning for next year’s line-up,” Coach Dempsey said.

Girls Swimming

By: Skylar Dillon

Coaches: Coach Scallon and Coach Koenigstein.

Captains: “My seven seniors stepped up and showed great leadership. Alex Kaminsky was really the glue of the team,” Coach Scallon said.

Season Highlights: “I think the greatest highlight for me was seeing the improvement of the team over the course of the season. We moved forward rather than back,” Coach Scallon said.

Boys Bowling

By: Avery Del Valle

Coaches: Mr. Kanarkowski.

Captains: Ryan Doyle and Justin Sauers.

Season Highlights: “Our record was 34-20. We were ranked in the New Jersey Top 5 for majority of the season. We placed second at the Central Jersey Winter Classic, third at the Brick Tournament, and fourth at South Jersey State Sectional Championships. Ryan Doyle was 1st Team All-Shore for APP and NJ Star Ledger and 4th place at Shore Conference Individual Championships. Justin Sauers was High Series at Bob James Classic and Jason Schumann received 8th place at Shore Conference Individual Championships,” Mr. Kanarkowski said.

Wrestling

By: Brandon Burdge

Coaches: Coach Reid, Coach Iacobone, Coach Priest, Coach D’Arcy, and Coach Byrnes.

Captains: Yoseph Borai and AJ Meyers.

Season Highlights: Both AJ Meyers and Yoseph Borai successfully passed the Districts Championships with Meyers placing 2nd and Borai placing 3rd. AJ Meyers also placed 3rd at the Regional Championships and Yoseph Borai did not place. Meyers then moved onto the State finals in Atlantic City but did not place. Both captains had a very successful season with Meyers having a record of 36-8 and Borai having a record of 34-6.

Ice Hockey

By: Harley Zaraza

Coach: Coach Zipfel.

Season Highlights: Kyle Arenofsky was in the top 10 percent for save percentage in the Shore A South Conference, posting a 0.816. Adam Greengrove accumulated 56 points, Patrick Hofmann had 48 points, and Zach Noble had an excellent season, scoring a total of 31 goals and tallying 36 assists. East acquired wins over Brick Memorial and Toms River South.
Boys Tennis
By: Caitlyn Dickinson

Coach: Mr. Malagiere.
Seniors: Erik Bucchi, Jake Burton, Chris Cairone, Adam Greengrove, Kemal Kansu, Tom Morrissey, Derek Muniz, and Bobby Roche.
Toughest Competition: Toms River North and Southern.
Season Expectations: To win A-South and the county again.

Boys Lacrosse
By: Brandon Burdge

Toughest Competition: “Toms River North will be our toughest competition. They have several seniors who play at an intensely fast pace. The rivalry games add a certain level of excitement that we as a program are looking forward too,” Coach Alfieri said.
Season Expectations: “The main goal of the staff is to develop TRE lacrosse players into good citizens and build a principle-based value system they can use in life. Our program must strive for excellence, however not at the cost of our personal integrity,” Coach Alfieri said.

Boys Track
By: Harley Zaraza

Coaches: Mr. Roth, Mr. Trumble, Mr. Sandberg, and Mr. Draesel.
Seniors: Dan Betts, Yoseph Borai, Joe Davidyock, Brandon Dehl, Paul DiGregorio, Jordan Feigin, Sam Lamberti, Juan Carlos Martinez, Dylan McGilloway, Anthony Miranda, Mike Moran, John Pizzuto, and Justin Sauers.
Season Expectations: “This is a young team with the potential to be very successful. We look to challenge for the Class A South Championship,” Coach Trumble said.
Toughest Competition: Toms River North and Toms River South.

Boys Golf
By: Ashley Davidson

Coaches: Mr. Baumeister and Mr. Nemeth.
Seniors: David Buchmann, Matt Contos, Braden De Martin, Travis Dietrich, and Skyler Maxwell.
Toughest Competition: Southern Regional.
Season Expectations: “I expect a better than average season. I believe we will win a majority of our matches,” Coach Baumeister said.

Girls Track
By: Kasey Appignani

Coaches: Ms. Schultz, Mr. Dirk, Ms. Scala, and Mr. Scallon.
Toughest Competition: “We are our own toughest competition,” Ms. Schultz said.

Girls Lacrosse
By: Edward Wolf

Seniors: Alyssa Cenci, Lauren Copping, and Arizona Dimon.
Season Expectations: “We believe the girls are motivated and eager to play competitive softball and show A-south that they are being underestimated. We expect to play well in all tournaments such as Ocean County Tournament, Shore Conference Tournament, and States. We are impressed at how well the girls are supporting each other and gaining more confidence each day,” Coach Olsen said.
Mr. Sciarappa
By: Julia Harrold

Mr. Sciarappa is a junior and senior 20th Century History and American History II teacher. He started the Living History Club. In the past, the club has attended several historical reenactments and played paintball for fun. Mr. Sciarappa loves history and loves to travel. He is proud to be a “history geek” and likes to share his travels in the classroom whenever possible. He also had teachers in high school and college that went above and beyond, which helped inspire and motivate him. He loves teaching about the 20th Century and uses local history and family history to make the lessons more relevant.

Mr. Sciarappa appreciates the support of the new administration and, of course, his students. Mr. Sciarappa was asked by Mrs. Baldi to help lead the Class of 2016. “I admit, I had no idea what I was getting involved in, but we’ve come a long way and our fundraisers are better than any other class,” he said about being the class advisor. The Class of 2016 has many fundraisers planned for this year, like the Chipotle fundraiser that was held on March 24, selling tickets and snacks for the Blue Claws, competing in the Battle of the Classes, and helping to organize a Color Run. When asked about his life motto, he said, “I always liked the Latin saying ‘Deus, Familia, Patria’ which means ‘God, Family, Country’; those are the three most important things in my life.’ Mr. Sciarappa said he enjoys travel, World War II History, the New York Yankees, New York Rangers, Will Ferrell, The Doors, and pizza.

Q: What are three things you cannot live without?
A: Wawa coffee, Dunkin Donuts coffee, and Starbucks coffee.

Q: If you could go back to any time period, where would you go and why?
A: I would go back to when the Constitution was written because those guys had no idea what they were doing. I mean, 226 years is really not a long time; make something that’s going to last people.

Q: What do you like to do in your free time?
A: I’m my own one man band. I can play the guitar, harmonica, drums, cello, and triangle all at the same time.

Q: Is it true you cannot have your food touching?
A: 100% true. If it were socially acceptable, I would only have plates with dividers. At Thanksgiving I easily use 12 plates so nothing touches at all.

Q: If you could have any superpower, what would that power be?
A: I would like to be able to teleport so I wouldn’t have to walk around the halls when students just stand in the middle and then have an attitude when you say “excuse me.”
Mike Moran

Mike Moran has been swimming since he was 5 years old and swam all four years in high school. He swam backstroke and placed 11th overall at the Ocean County Championships. He also qualified and swam in the New Jersey Meet of Champs and swam in two team states tournaments. “Swimming definitely helped me realize that you have to work hard for things you want and they don’t always come naturally to you,” Mike said. “Being part of a close knit team like we were is really a great experience.” Mike looks to take his talents to a highly possible Division 3 college or a club team.

Marissa Wagner

“As a junior, Marissa won the 100 breaststroke at the Ocean County Swimming Championship and the Shore Championship. Not only is Marissa a champion swimmer, she also excels in the classroom. Her competitive spirit and sportsmanship have gained her the respect of her peers and coaches throughout the Shore Conference,” Coach Scallon said.
Prom Guide: 5 Things Not To Stress About

1. Having a Date:
You do not need a date. You’ll be making unforgettable memories whether you go with your friends or a date.

2. “Promposals” Are Required:
Sure they’re adorable and fun, but an over-the-top “prom?” can be just too complicated.

3. Limos Are the Only Means of Transportation:
You don’t need a limo. You can save money by getting a ride from your parents, friends, or if you are a senior, driving yourself.

4. Professional Photos:
The best kinds of photos are those that aren’t staged. A picture of your whole group of friends laughing and having a good time may be more meaning

5. Your Entire Grade Will Come Together:
Your entire grade will not come together. This prom cliché just doesn’t happen in real life. Prom isn’t about your whole grade coming together; prom is about having a memorable night with the people you care about.

*Remember to have fun, be safe, and enjoy your prom experience!

Prom season is here! There are many things to do to prepare for the big day and it’s important to be organized. Since there is some preparation that goes into prom planning, here is a checklist to help keep you organized:

**Girls**
- Dress
- Shoes
- Hair
- Purse
- Makeup
- Accessories

**Boys**
- "Promposal"
- Tux shopping
- Corsage
- Transportation
- Bid

*All results were randomly voted on by High School East students.*

The Taurus should feel free to take time for themselves during this high stress time of the year. Taurus are so disciplined and self determined that it’s important for them to remember to relax. Similar to the body needing sleep, the brain needs periods of rest. So kick up your feet and take some time for yourself, it's well needed and deserved.

Source: Today.com

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You do not need a date. You’ll be making unforgettable memories whether you go with your friends or a date.

2. “Promposals” Are Required:
Sure they’re adorable and fun, but an over-the-top “prom?” can be just too complicated.

3. Limos Are the Only Means of Transportation:
You don’t need a limo. You can save money by getting a ride from your parents, friends, or if you are a senior, driving yourself.

4. Professional Photos:
The best kinds of photos are those that aren’t staged. A picture of your whole group of friends laughing and having a good time may be more meaning

5. Your Entire Grade Will Come Together:
Your entire grade will not come together. This prom cliché just doesn’t happen in real life. Prom isn’t about your whole grade coming together; prom is about having a memorable night with the people you care about.

*Remember to have fun, be safe, and enjoy your prom experience!