

Dear Parents, Guardians,

Good morning! I hope that you all had a wonderful and restful week!

CONGRATULATIONS!

Congratulations to our Students of the Month, Jordan Sammarco and Stavon Drew!

Jordan serves as the Animal Chair for Roots and Shoots and is a Writing Center Tutor. She plays the viola in our orchestra and has been inducted into National Honor Society. Jordan has been involved with our track teams for all four years of her high school career, receiving honors such as the Unsung Hero, Coaches Award, and Most Improved Performer during cross country. She is a National Merit Commended Scholar and has been recognized for excellence in math and science by the Society of Women Engineers. After graduation in June, Jordan would like to double major in Biology and Public Policy.

Stavon currently serves as the President of the Class of 2019. He is a member of Big Brothers/Big Sisters and has been a mainstay of both our football and track programs over the last four years. He has been honored to serve as team captain in both sports. Outside of school, Stavon is a member of Boy Scout Crew 129. After graduation, he would like to attend Campbell University, majoring in Biology/Pre-Optometry.

Congratulations to our Staff Member of the Month, Mr. Jon Grill!

Mr. Grill has taught at HS North for the past nine years of his 13 year career. He currently teaches the History of Rock and Roll and Band. Each year he spends countless hours with our Marching Mariners, helping them to become the best they can be. During his spare time, Mr. Grill enjoys mountain biking and playing with his band, We'll Be Fine. He thanks everyone who considered him for this honor and counts our staff and students among the things that make our school great.

ELEMENTARY SCHOOL PARENT CONFERENCES – TODAY, NOVEMBER 13 THRU THURSDAY, NOVEMBER 15TH

Just a reminder, during this week, our elementary schools will be holding their annual parent conferences. Elementary students are being released early this Tuesday, Wednesday, and Thursday. As a result, our normal bus dismissal will be impacted. Please expect our bus runs to arrive later than normal due to elementary busing needs. Please remind your son's and daughter's that they will be waiting. Our students are allowed to stay in the building to stay out of the elements, but they should stay near the busing arrival zone and listen for the bus numbers as they arrive.

ATTENTION PARENTS!!!

Are you a caregiver for an individual with special needs?

Are you stressed out?

Do you struggle to find time for your own personal wellness?

Do you need help with resources?

INSPIRE TR (SEPAG) has an event for you! Join us on Dec. 5th for an evening ALL ABOUT YOU as a caregiver.

Some discussion topics will be-

Stress management techniques for parents

The Mind/Body connection

Healthy Eating

Family Support

....and more!

Date: Wednesday, December 5th

Location: High School East Media Center

Time: 6:00pm - 7:30pm

No RSVP required...Just show up!

JOB OPPORTUNITIES FOR STUDENTS

Students looking for employment are encouraged to check the Student Information Board in Guidance for local job openings. It is located on your left after entering the office, across from the Scholarship Board.

COLLEGE ADMISSIONS – SECRETS AND STRATEGIES

Attention parents and Students! Peter Buskirk, college admission expert as seen on “Oprah and Friends” and contributor to U.S. News and World Reports and College Guide magazine, will guide you through the complex college admission process including:

Finding the right college match

The application and selection process

Getting the most financial aid available

Writing a winning essay

The program is sponsored by New Jersey Natural Gas – Energy for Education and will be held at Toms River High School East at 6:30pm on Wednesday, December 5th. Register Today! Space is limited for the FREE event. Call 732-938-1035 or email ccannon@njng.com

COLLEGE APPLICATION DEADLINES:

Seniors, please remember to be aware of deadlines for the schools you are applying to. The Guidance Office and teachers need time to submit materials and recommendations, even if you are using Common App, Coalition, etc. online. Students must submit a Green Cover Sheet for each school they are applying to.

Also, keep in mind winter break. We are NOT in school for January 1, which is the deadline for many schools. For any January 1 deadline, students need to submit their green sheets to the Guidance Office by Wednesday December 12, in order to be processed before winter break.

If you have any questions, or need assistance with applications, please contact the Guidance Office.

COLLEGE VISITS

College visits have been scheduled for this month. Meeting with representatives helps you in your selection process. Come hear what the colleges you're interested in have to offer. You MUST see Mrs. Rose in Guidance to sign up in advance to attend. A list will be posted in your Junior and Senior English classrooms and check the HS North website at www.trschools.com for complete lists each month.

Monday 11/12/18

Fairleigh Dickinson University

Tuesday 11/13/18

Arcadia University

Kean University

Rutgers University (New Brunswick)

Wednesday 11/14/18

Montclair State University

Thursday 11/15/18

Cabrini University

LaSalle University

Monday 11/19/18

Ocean County College

Thursday 11/29/18

Hartford University

The College of New Jersey

UPCOMING DAYS OFF

Wednesday, November 21st - ½ Day for students/staff

November 22-23 – Closed for Thanksgiving

December 4th - ½ Day Students, Staff Professional Day

December 24 – January 1 – Schools Closed for Winter Break

Have a great week!

Ed Keller