

2019 Toms River Elementary School Track Meet

Dear Parent/ Guardian,

Your child has shown an interest in participating in the Toms River Elementary Schools Track Meet. The meet is scheduled to take place on Thursday, May 16 at Toms River High School **North** and will start at **5:00pm**. Athletes can begin to arrive at 4:30pm and should be at the track no later than 4:45pm if they are first to race. We would like to begin races as close to 5:00pm as possible. The meet should last approx. 3 hours. Each group is lining up approx. 20 minutes before they race.

Event Order

Mile Run (1600 Meter) - Grade 5 - Final On Time

50 Meter Dash - Trials - Six Fastest To Final After The 100 Trial

800 Meter Run - Grade 4 - Final On Time

100 Meter Dash - Trials - Six Fastest To Final After The 200

200 Meter Dash - Trials - Final on Time

Note: It is suggested that no athlete run 2 consecutive sprint races. If he/she makes it to the finals, there would be only six to seven minutes between races.

Spike shoes are not permitted.

Field Events Order

Running Long Jump

Standing Long Jump

Softball Throw

4th Boys

4th Girls

5th Boys

5th Girls

open event

5:00-6:00

5th Girls

5th Boys

4th Girls

4th Boys

Parents will be responsible for their own child at the event. Announcements will be made with enough time before each event to line up. Teachers will be assisting on the field. In order for your child to participate you must sign the permission slip below and return it to your Physical Education Teacher immediately.

Thank you,
TR Elementary Track Meet Committee

I hereby give permission for _____ to participate in the Elementary Track Meet on Thursday, May 16, 2019. **I understand that I am responsible to supervise my child at the meet.**

Students name _____ School _____ Grade _____

Parent's Signature _____

Emergency phone _____