

**Comprehensive Health & Physical Education  
2020 NJSL Standards 2020  
Frequently Asked Questions  
(FAQ)**

**Will parents be able to review the health and physical education standards before implementation?**

*The Comprehensive Health & Physical Education Standards are available to view on the New Jersey Department of Education [website](#). Once the curriculum documents are finalized and approved by the Board of Education, they will be available on our [district website](#).*

**What grades are impacted by the major changes to the standards?**

*Grade levels 2, 5 and 8.*

**What are the rights of parents with regard to the approval of their child in participating in the instructional program associated with the Comprehensive Health & Physical Education standards update?**

*Parents have the discretion to request that their child be excluded from specific lessons associated with topics of concern and provided with an alternate educational experience in lieu of participation. Prior to the introduction of the Health Unit, a parent information and consent form will be distributed to students and will be required to be returned.*

**Will the standards be integrated across all curriculum or will it be a separate course?**

*The Comprehensive Health & Physical Education NJSL Standards are only taught during Health instruction in the respective grade level.*

**Will parents be shown material ahead of time making sure they are able to opt out?**

*Families will be provided with advanced notice of upcoming Health instruction that is directly linked to the identified standards. This information will be accompanied by a form that provides an "opt-out" option for those individual lessons.*

**If I choose to exclude my child from individual Health lessons, what instruction will they receive?**

*Alternate educational experiences that are linked to the [Disciplinary Concepts and Core Ideas](#) that are built into the structure of the standards. The lesson content will be communicated to parents by the classroom teacher.*

**What if a parent opts out of the school-based lesson but is looking for resources to support instruction in the home?**

*A curriculum committee will be creating a collection of materials at each level to support families upon request.*

**What resources will be used to support the updates for the health standards?**

*A curriculum committee consisting of teachers, supervisors, and administrators will utilize a combination of board-approved textbooks and content materials that are aligned to the standards.*

**How much time will be taken for the Health and PE Lessons?**

*The Units and Pacing Guide will be presented on the Curriculum Documents once they are Board approved and will be posted on our [website](#).*