



Special Olympics
New Jersey

**Toms River Regional School District
Special Olympics Track Program
2025**

In proud collaboration with the Toms River Regional School District and the Special Olympics of New Jersey

The Toms River Regional School District Special Olympics Track Program is designed to provide special needs athletes, including those in wheelchairs, from ages **8 and above** with an opportunity to participate in instruction and activity related to Special Olympic events.

Participation involves:

- ★ **Practices** that are designed to get athletes moving, try out the events, socialize with each other, and have fun
- ★ **A track meet:** On May 10th, athletes will have the opportunity to compete against other special needs peers within their age and ability group at the Area 6 Special Olympics Track meet at Long Branch High School. **(Only those ages 8 and older can participate at the meet on May 10th at Long Branch H.S.)**

Location: West Dover Elementary- 50 Blue Jay Dr, Toms River, NJ 08755

Dates: Practices will be on Mondays, March 17, 24, 31 April 7, 14, 28, and May 5th

Times: Ages 13+-- 4:00 pm - 4:45 pm and Ages 8 to 12-- 4:45 pm - 5:30 pm

To register: Parents/Guardians **must complete** three(3) registration forms. Please click on the following link to register for the practices at West Dover Elementary

https://docs.google.com/forms/d/e/1FAIpQLSc8UNUs9IDT75IB797r-UfXXMRA-ij_wWHopioFyh-wBUQfQ/viewform?usp=header

The following two forms must be completed for the Special Olympics. They are valid for three years. Please note we are an AREA 6: Ocean County Program

<https://www.sonj.org/sports/sonj-return-to-activity-guidelines/communicable-diseases-waiver/>

<https://medform.specialolympics.org/us-form>

If you have any questions regarding this program, please email Coach Nico at nmercadante@trschoools.com or Coach Nicole at ndambrosio@trschoools.com