

The Employee Assistance Program (EAP)

can help you determine solutions to many life struggles.



The EAP is a confidential service that helps you and your family balance the demands of work, life and personal issues.

Your EAP offers unparalleled:

- Confidentiality
- Customization of clinical care
- Stress management
- Professional development services

You and your dependents may receive face-to-face sessions with a licensed professional for FREE!

Call 1-800-300-0628 24/7, 365 days a year to seek assistance.